



Tai Chi Lessons (Triphahn Center & Ice Arena)

W 10:00am-11:00am 8/6-9/10 \$55/\$60 235335-B

W 10:00am-11:00am 9/17-10/22 \$55/\$60 245335-A

W 10:00am-11:00am 10/29-12/3 \$55/\$60 245335-B

Upcoming Trips

Lake Geneva Luncheon Cruise

(Triphahn Center- Transportation by HEPD Bus)

T- 9:30AM-5:00PM September 16 \$88/\$98 235318-A

Art Institute of Chicago & Lunch at Lou Malnati's

(Triphahn Center- Transportation by HEPD Bus)

W- 11:30AM-5:00PM October 15 \$88/\$98 235318-B

Paramount Theatre Irving Berlin's White Christmas

(Triphahn Center- Transportation by HEPD Bus)

W- 12:00pM-5:00PM November 19 \$88/\$98 235318-C



HAP & JAN WITTKAMP senior center

JULY

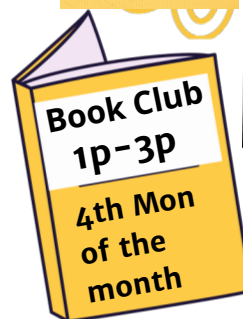
August

September

FREE 50+ Activities Drop-In Calendar

at Triphahn Center unless otherwise

MON	TUE	WED	THU	FRI
Ping Pong 7:30am-12:00pm	Ping Pong 7:30am-12:00pm	Ping Pong 7:30am-12:00pm	Ping Pong 7:30am-12:00pm	Ping Pong 7:30am-12:00pm
Volleyball 9:30-11:30a	Wii Bowling 10a-Noon	MahJong 1p-3:30p	Wii Bowling 10a-Noon	Volleyball 9:30a-11:30a
Crafting Club 1st and 3rd Monday of the month 10a-Noon	Volleyball Noon-2p		Cards/Game 1p-4:00p	Cards/ Games 9:30a-11:30a
	Pinochle 1p-4p		Pinochle 1p-4:00pm	Stitching Stars 1:00p-3:00p
				Mexican Train, Cards / Games 1:30p-3:30p



More FREE Everyday Activities- Including Sat. & Sun.
Billiards & Walking Track: All Day!

Birthday Lunch

Celebrate our friends' birthdays at Garibaldi's. Attendees receive a 20% off lunch coupon and those with a birthday during the month receive a \$5 gift certificate. Must register one week before event date.

July Birthday Lunch F 12:00-1:30P 7/18 Buy Your Own **235320-B**

August Birthday Lunch F 12:00-1:30P 8/29 Buy Your Own **235320-C**

September Birthday Lunch F 12:00-1:30P 9/26 Buy Your Own **245320-A**

OUT Socializing



Out Socializing **Early Bird**

Join your peers for lunch at a local establishment. Registration closes one week prior

235316-B1 Miller Ale House

W 5:00-6:30pm 8/6 Buy your own

235316-C1 Bonfish Grill

W 4:30-6:0pm 9/4 Buy your own

235316-A1 Lucky Monk

W 5:00-6:30pm 10/1 Buy your own

Out Socializing Lunch

Join your peers for lunch at a local establishment. Registration closes one week prior

235316-A Sweet Orange Pancake House

F 12:00-1:30pm 7/25 Buy your own

235316-B Egg Harbor Cafe

F 12:00-1:30pm 8/22 Buy your own

235316-C Perry's Steakhouse

F 12:00-1:30pm 9/19 Buy your own

More Activities



50+ Pub Trivia

Join in on the trivia fun! All questions will be general knowledge questions. Everyone will need to register individually - teams will be formed with up to 6 people. Prizes will be awarded to the winning team. (Bridges of Poplar Creek)

W	6:00-7:30P	8/20	\$1 / \$1	235334-C
W	6:00-7:30P	9/24	\$1 / \$1	235334-D
TH	6:00-7:30P	10/23	\$1 / \$1	245334-B
TH	6:00-7:30P	11/20	\$1 / \$1	245334-C
TH	6:00-7:30P	12/11	\$1 / \$1	245334-D

Lunch & Learns



Lunch and Learn Elderworks

(TriphahnCenter & Ice Arena)

T 12P-1:30P 7/29 FREE **235317-C**

Lunch and Learn Thrive Acupuncture

(TriphahnCenter & Ice Arena)

T 12P-1:30P 8/05 FREE **235317-D**

Lunch and Learn Senior Helpers- Schaumburg

(TriphahnCenter & Ice Arena)

F 12P-1:30P 8/15 FREE **235317-E**

Lunch and Learn Woodlands

(TriphahnCenter & Ice Arena)

T 12P-1:30P 9/09 FREE **235317-F**