

# 50+ Connection



## News and Updates - August | 2019

Greetings! I hope everyone's summer is going well. As usual, things at the 50+ Center are quite busy.

Mark your calendars!!! As with each year, the 50+ Annual Open House is just a few short weeks away and will take place on 8/28/2019. There will be several vendors out, class demos, lunch (free to the first 100 attendees), entertainment and prizes. This event is FREE to all members and non-members. New this year, we'll also be hosting a Member Appreciation Week filled with activities, drawings, lunches and entertainment. This will begin on 8/25- 8/30<sup>th</sup>. A list of each day will be available soon and will be sent to all of our members via email. Please come out and enjoy all the fun.

Other things coming up in August includes the Hoffman Estates Park District, Annual Party in the Park on Saturday, August 3rd. Bring your families and grandkids out to this fun filled afternoon of events. More information on this park district wide event is located on our website at [www.heparks.org](http://www.heparks.org).

I'd like to congratulate all of our members who participated in the IPRA (Illinois Parks and Recreation Associations) Senior Games, hosted throughout the month of July. We had several members participate in Wii Bowling, Billiards and Pickleball. The following members received Gold Metals for their age group/overall division. They are: Joe McCue- Wii Bowling, Russ Duke- Wii Bowling and Bob Aleckna- Billiards. The following members received Silver Metals for their age group/overall division. They are: Allen Skwira- Billiards, Jay Dee- Billiards, Don Jolly- Wii Bowling and Estelle Barret- Wii Bowling.

In closing, I'd like to wish everyone a great rest of their summer and remember to stay cool, hydrated and I'll see you around the center.

Warm Regards,

**Mindi Schwartz**

**50+ Program Manager, Hoffman Estates Park District  
(847) 885-7500, x626**

[Click here for Paid Activities Calendar](#)

[Click here for Drop in Activities Calendar](#)

### **SPECIAL HOLIDAY HOURS- 50+ Center/Game Room Hours**

September 2 (Labor Day) 7:00am-1:00pm

**There will be no scheduled drop in activities during special holiday hours.** The 50+ Game Room will be available to our members during our shortened building hours and closed when the building is closed.



## Classes

### **Forever Strong**

Forever Strong is specifically designed to focus on low impact strength training. We'll begin with a light warm up, followed by targeting all of our muscles using bands or light hand held weights. We will keep one foot on the ground at all times to reduce joint impact. Bring a towel and water to class. We'll provide the rest! Instructor: Amy Hartke  
Triphahn Center, Dance Room Fees: \$28/\$33

Tuesdays, 9/10-10/15, 9:00A-9:45A [Program# 245327- A](#)

Thursdays, 9/12-10/17, 9:00A-9:45A [Program # 245327-C](#)

### **Basic Exercise & Movement**

Burn calories and increase your energy with low impact cardio exercises. Strengthen the entire body including your

heart, and all muscle groups using tubing, small balls, stretching and strengthening. Learn how to move your body and become stronger and fitter. Plenty of fun, laughter and great music included. Register for two classes, receive 10% off the second class. Drop in available. Fees: \$28/\$33

Triphahn Center Dance Room

Mondays, 9/9-10/14 10:30A-11:15A [Program # 245325-A](#)

Wednesdays, 9/11-10/16, 10:30A-11:15A [Program # 245325-B](#)

Fridays, 9/13-10/18, 10:30A-11:15A [Program # 245325-C](#)

### Gentle Yoga

Yoga promotes healing in your body as your stress level is reduced and you learn to interact differently with everyday stresses. It can also decrease your blood pressure, heart rate, and respiratory rate. Expect gentle stretching and moving exercises, which incorporate deep breathing and poses to strengthen and bring flexibility to your body. Bring a ¼" yoga mat, a 4 block, a yoga strap and a towel to class.

Triphahn Center Room 111

Mondays, 8/26-10/28 4:30P-5:30P [Program # 235324-D](#) Fees: \$63/\$68

Wednesdays, 8/28-10/30, 5:30P-6:30P [Program # 235324-E](#) Fees: \$57/\$62

Saturdays, 8/31-11/2, 9:00A-10:00A [Program # 235324-F](#) Fees: \$63/\$68

### 50+ Mahjong- NEW

This class is for the beginner Mahjong player. Learn the principles of the game while brushing up on skills, rules and strategies. It is mandatory to attend the 1<sup>st</sup> and 2<sup>nd</sup> classes. Mahjong cards are required for this class. If you do not have one, they can be purchased through the instructor.

Beginners

Thursdays, 9/5-10/10 1:00P-3:00P [Program # 245370-A](#) Fees: \$57/\$60

The continued beginner class is for the participant who has recently completed the beginner class & feels they need more supervision and assistance during the Mahjong games. We will continue to explore all skills, rules and strategies.

Continued Beginner

Thursdays, 10/17-11/21 1:00P-3:00P [Program # 245371-A](#) Fees: \$57/\$60

### Tai Chi- Day Class

Come join this new 50+ day class! Practicing Tai Chi provides a non-intrusive workout for improving the body, mind and spirit. The format of this new day class will include: warm-up exercises, drills and learning/practicing a Yang-style form. Class discount applies for 50+ members at time of registration. Fee: \$30/\$35

Wednesday, 9/11-10/16, 10:00am-11:00am [Program # 245335-A](#)

### Tai Chi –

Use T'ai Chi Ch'uan's slow, non-strenuous, fluid movements toward life-long health maintenance. This quiet, therapeutic exercise sharpens and calms the mind, loosens and strengthens the body offering greater freedom and range of motion while improving balance, coordination, breathing, circulation and posture. Drop in available.

Triphahn Center

Tuesdays, 9/10-10/15, 5:30P-6:30P [Program # 245337-A](#) Fees: \$65/\$70

### 50+ Painting Workshops

Each workshop is two hours long, comes with an instructor who will lead the class, teach you the steps of painting, and provide all of the supplies. Brought to you by Pinot's Palette in South Barrington.

Triphahn Center, Room 112

12x12 Canvas

Tuesday, 9/17 2-4pm [Program # 245339-A](#) Fees: \$24M/\$28NM

## Trips

*Click on program number to register or register in-person at any Hoffman Estates Park District service desk.  
BUS BOARDING IS ON A FIRST COME, FIRST SERVED BASIS.*

*If you have special needs, please let Mindi know ahead of time so she can accommodate those needs.*

### Halim Time & Glass Museum- Evanston, IL

Join us as we visit the Halim Time and Glass Museum in Evanston, Illinois. While there, we'll have a chance to tour the museum, see the stain glass clocks and then head over to Flat Top Grill for lunch. Trip includes: transportation and admission into the museum. Lunch is on your own. **Reg Deadline:8/7 (50+ years – HE PARKS Bus)**

W 9:00A-5:00P 8/21 \$30 Mem / \$35 Non-Mem [Program# 235338-A](#)

## Fall Trips Registration is Now Open!

### **Apple Picking- Apple Holler, WI**

This is one Apple Picking Tour you don't want to miss! Our first stop will be to Apple Holler, where we'll have a delicious baked chicken meal with hot Apple Pie. Followed by a wagon ride through the orchard and a stop for apple picking. Before leaving, you'll have the chance to shop at their gift shop and bakery. The trip will conclude with a mystery stop! Trip fee includes motorcoach transportation, lunch and apple picking. Shopping is on your own expense. **Reg Deadline: 9/3** (50+ years - Motorcoach Bus)

W 9:30A-4:30P 9/11 \$86 Mem / \$99 Non-Mem [Program# 245307-A](#)

### **Wondering Tree Estate- North Barrington, IL**

Spend the morning exploring scenic railways created by renowned artist and designer Elaine Silets, internationally known for creating famous train gardens and landscapes for more than 20 years. This 1½ hour tour walks throughout the 10 acre garden, grounds and 1,400 square foot museum of the Wandering Tree Estate in North Barrington. This tour is for steady/moderate walkers who can maneuver on grass and uneven surfaces unassisted; those with walkers and canes may find it too difficult. Trip fee includes Park District transportation and admission. Lunch and shopping, on your own expense.

**Reg Deadline: 9/15** (50+ years - HE PARKS Bus)

Th 9:45A-4:00P 9/19 \$37 Mem / \$43 Non-Mem [Program# 245332-A](#)

### **Newsies Musical- Paramount Theatre, Aurora, IL**

This Broadway musical is based on the 1992 movie. Newsies, is a musical nominated for 8 tony Awards, winning Best Choreography and Best Score. Featuring music from Alan Menken, the 8-time Oscar-winning genius behind scores from some of the most popular Disney films of all time, including Aladdin, The Little Mermaid, Beauty and the Beast Newsies is refreshing, inspirational and a huge feel-good show for all ages. Prior to the show lunch we'll have lunch at the theatre. Trip price includes: Lunch, show ticket and transportation. **Reg Deadline: 8/21** (50+ years - HE Parks Bus)

W 10:45A-6:00P 9/25 \$67 Mem / \$77 Non-Mem [Program# 235309-A](#)

### **Glass Pumpkin Patch- The Morton Arboretum, Lisle, IL**

Enjoy the beauty of the changing seasons aboard the Morton Arboretum Acorn Express open-air tram. Then admire the stunning array of hand-blown art in the Glass Pumpkin Patch, explore glass blowing demonstrations, and shop for gifts. Dress for the weather. Trip fee includes Park District transportation, admission and tram ride. Lunch and shopping, on your own expense. **Reg Deadline: 9/18**

(50+ years - HE PARKS Bus)

Th 9:30A-3:30P 10/10 \$28 Mem / \$32 Non-Mem [Program# 245308-A](#)

### **Halloween Lights & Trolley Tour- Naperville, IL**

We're celebrating the Halloween season with a Halloween Lights & Trolley Tour aboard a private enclosed trolley. Minimal walking. Trip fee includes Park District transportation, dinner at Aurelio's and trolley ticket.

**Reg Deadline: 10/14** (18+ years - HE PARKS Bus)

M 4:00-9:00P 10/28 \$43 Mem / \$49 Non-Mem [Program# 245318-A](#)

### **Four Winds Casino- New Buffalo, MI**

Come and join us as we go to the Four Winds Casino in New Buffalo, Michigan. Package includes: \$15 Instant Credit Slot Play and a \$10 Food Coupon. Please bring photo ID (Drivers License, State ID, Passport or Military ID) with you to the casino. Transportation is deluxe motorcoach.

**Reg Deadline: 10/30** (50+ years - Motorcoach Bus)

W 8:30A-5:30P 11/13 \$40 Mem / \$45 Non-Mem [Program# 245314-A](#)

### **Lake Geneva Santa Cruise- Lake Geneva, WI**

Enjoy lighted displays during this 40 minute cruise with Santa's North Pole hideaway! After, tour the Twelve Charities of Christmas Trees Festival. Dinner at Pier 290 includes: salad, choice of entree, and a brownie.

Registration fee includes round trip motorcoach transportation, cruise, indoor winter wonderland and dinner. **Reg Deadline: 11/18** (50+ years - Motorcoach Bus)

Tu 2:15-9:00P 12/3 \$105 Mem / \$120 Non-Mem [Program# 245316-A](#)

### **Beauty & The Beast- Paramount Theatre, Aurora, IL**

Be our guest! This classic storybook fairytale comes to life on stage. Trip price includes park district transportation, lunch at Copley Theatre and show tickets. **Reg Deadline: 11/25** (50+ years - HE PARKS Bus)



### Sun City Holiday Concert- Huntley, IL

Enjoy the sounds of the season at the Annual Holiday Concert by the Sun City Concert Band. Dinner prior to the show at Jameson's. Registration fee includes Park District transportation and show ticket. Lunch fee is on your own. **Reg Deadline: 12/1** (50+ years - HE PARKS Bus)

Sa 10:30A-4:00P 12/14 \$24 Mem / \$28 Non-Mem [Program# 245322-A](#)

## Special Event Summer Programs

### 50+ Annual Open House, 50+ Center

Learn more about the 50+ Club. Tour the facility, see class demos (9:00-11:00am), visit our vendors and enjoy lunch (for the first 100 in attendance) with entertainment (at 11:15am).

Wednesday, August 28 9:00a-12:00p FREE

### 50+ Member Appreciation Week

In conjunction with our 50+ Annual Open House event, we'll be having a Member Appreciation Week. This week will be open to members and non-members. From club/class demos, to drawings, entertainment and Lunch/Learn programs/more, there is going to be something for everyone. Stay tune for our week long list of activities that will be delivered to your inboxes later this month and posted around the center.

Sun-Friday 8/25-8/30 FREE

### Grab N Go Bingo & Lunch

Come join an afternoon of friends, fellowship and memories made while playing Bingo and having lunch. Please bring a wrapped white elephant gift from home as your admission in, which goes towards the Bingo prizes. Lunch and Bingo is sponsored by Lutheran Homes. Please RSVP to Mindi Schwartz at 847-285-5526 or [mischwartz@heparks.org](mailto:mischwartz@heparks.org) no later than 8/23/2019

50+ Center, Room 113

Friday, August 30 12:00-1:15pm FREE

### Friday Fun with Old Time Rock N Roll Music Entertainment

Come join an afternoon of friends, fellowship and memories made while singer-songwriter-actor Rick Pickren sings Rock & Roll classics from the 50's. You're sure to have a great time! Entertainment sponsored by Lutheran Homes.

50+ Center, Room 113

Friday, August 30 1:30-2:30pm FREE

## Special Event Fall Programs

### Bring Your Grandchild Day- New

Grandparents, bring your grandchild to the Triphahn Center to celebrate Grandparents Day. Enjoy time making crafts, ice cream sundaes and entertainment. Free for 50+ Members, \$5 for non-members and children.

(all years – Triphahn)

Sa 1:00-2:30P 9/7 \$5 for Non-50+ Members [Program# 245930-A](#)

### 50+ Holiday Dinner Party

A sit-down meal at Bridges of Poplar Creek Country Club is the backdrop for this fun, annual, event. Musical entertainment will be provided. Fee includes plated meal and entertainment. Cash bar on your own. Register by: 12/1. Event sponsored by Lutheran Home. (50+ years - Bridges)

Th 6:00-9:00P 12/5 \$23 [Program# 245317-A](#)



## Educational Opportunities

### LUNCH & LEARN SERIES

Come out and learn while we lunch! Topics and dates are listed below. Please bring a sack lunch unless otherwise noted. **These take place in rooms 111/112 from 12:00 – 1:00 pm on select Fridays. Topics to be announced in upcoming newsletters! Save the date!**

Friday, August 16th

**Genetic Cancer Testing- Sponsored by Julie Trakh, A.F.F.A Medical Health Advocate**

Did you know that Medicare now covers the genetic cancer test? If you have cancer or had cancer in the past or simply want to know what this preventative measure entails, come join this Lunch and Learn. Lunch is included! Please RSVP to Mindi Schwartz at 847-285-5526 or at [mischwartz@heparks.org](mailto:mischwartz@heparks.org) no later than 8/8/2019.

Friday, September 20th

**Alpha Bet Soup- Sponsored by Lutheran Home**

Come join us for an afternoon of fun, while we learn the acronyms to several different medical terms as well as today's lingo. We'll play a few games to go along with this and have a themed lunch to go with it. Lunch is included! Please RSVP to Mindi Schwartz at 847-285-5526 or at [mischwartz@heparks.org](mailto:mischwartz@heparks.org) no later than 9/16/2019.

## Pub Quiz



**PUB QUIZ**

Congratulations to our July Team winners; Team REX! Rhonda/Ruth Howle, Rex Moore and Sandy Stoops. Thank you to sponsor Ross Morizzo, from Morizzo Funeral Home for sponsoring the prizes and Dr. Tom Hoover for the Pub Quiz questions and his time.

**Next Pub Quiz Date**

**Thursday, August 15**

**50+ Center**

***Dinner (Summer Pot Luck. Everyone please bring a dish to share for the group)- 5:30pm, Trivia Game- 6:30pm***

## Service Opportunities

**POP-UP LIBRARY PROGRAM- NEW!**

We are currently working with the Schaumburg Township Library to bring this new program over to our 50+ Center! The Pop-Up Library program will come to our 50+ Center with a variety of books, movies, music and more for you to check out using your library card. If you don't have a library card, that's okay. You can apply for one when you visit the pop-up library. New dates to come this fall!

## Clubs

**BOOK CLUB-** Book Club meets the last Monday of each month at the 50+ Center, Room 111 at 1:00 pm to discuss their next book. The book can be picked up during book club discussions or at our 50+ Service Desk. ***Next Book Club Discussion is on 8/26.***

**CHESS CLUB- NEW!**

Come for a friendly game of Chess. If you don't know how to play, that's okay. We'll teach you how to play! This newly formed group meets weekly on M/W/F at 10:00 am in the Game Room.

**CRAFTING CLUB-** Our Pinterest Crafting Club meets twice a month at our 50+ Center on the 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month from 10:00am- Noon. Come check this group out and see what these crafty members are crafting each time they meet! They will meet on **8/19** and **8/26**.

**50+ WALKING WONDERS**

Do you enjoy walking but would rather not walk alone? Join our new 50+ Walking Wonders group. This group meets weekly in the lobby of the 50+Center where we'll spend 30-45 minutes walking together, either on the indoor track or on nice weather days, we'll head outdoors.

Tuesdays 10:00 am

Meet on track

## Drop In Programs

**BAGGO-** Corn hole or bean bag toss is a game in which players take turns throwing bags of corn at a raised

platform with a hole in the far end. A bag in the hole scores 3 points, while one on the platform scores 1 point. It's a fun game that will now be played weekly! Come out to see what this is all about. You're sure to have fun while socializing with friends.

Wednesdays 12:00- 1:00 pm 50+ Center Room 112

### **BOWLING BUDDIES**

Join others once a week for a game of bowling. For 3 games, it's \$4.50! If you're interested in getting more information on this, contact Barbara Ryden at 224-517-3920.

Fridays, 10:00am Streamwood Lanes 1232 E. Irving Park Road Streamwood

### **BUNCO**

If you can roll a dice and count you can play Bunco. It's all about luck mixed in with a whole lot of socializing and fun.

Wednesdays 1:30-3:00 pm Game Room

**CANASTA- NEW!** A canasta is a meld of at least seven cards, whether natural or mixed. A natural canasta is one that comprises only cards of the same rank. A mixed canasta (or dirty canasta) is one that comprises both natural and wild cards.

Wednesdays 1:00 pm 50+ Center Game Room

### **CHAIR VOLLEYBALL**

This fun group is at it again, playing chair volleyball each week in the gym! If you can sit in a chair and volley the ball over the small net provided, then you will fit right in. It's a great way to remain active while socializing with other 50+ members.

Thursdays 10:00 am- 11:00 am North side gym/50+ Center

### **INDOOR DISC GOLF- NEW!**

Come join this new recreational drop-in program called Indoor Disc Golf. It's a fun, user-friendly and low-entry game that gets people up and moving, especially during the indoor months. It's as much a physical game as a mental one, with the need to balance long drives with precision curves as you move about the course. This weekly activity is FREE to 50+ members!!

Thursdays 12:00 pm- 2:00 pm North Side Gym Free to Members \$5 Non-Member drop-in fee

### **MAHJONG**

Mahjong is a tile-based game that was developed in China during the Qing dynasty and has spread throughout the world since the early 20th century. It is commonly played by four players. If you don't know how to play, that's okay. Come by and one of our players can show you how to play.

Mondays 1:00pm Game Room

### **MEXICAN TRAIN**

Come out and learn how to play this fun game with other fellow 50+ members. It's all about dice, numbers and forming a train!

Fridays 1:30 pm Game Room

### **PICKLEBALL**

Pickleball is a paddle sport that combines elements of badminton, tennis, and table tennis. Two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, similar to a Wiffle Ball, over a net. This is played indoors year round at our 50+ Center or seasonally from May-October at our outdoor courts. We provide the equipment for our indoor play.

Tuesdays 9:00am-11:00am North Side Gym

M,W,F 2:00pm-5:00pm North Side Gym

### **PINOCHLE**

Pinochle, formerly pinoche, or penuche, is a trick-taking, Ace-Ten card game typically for two to four players and played with a 48-card deck. It is derived from the card game bezique; players score points by trick-taking and also by forming combinations of cards into melds. Come join the fun!

Tuesdays 1:30 pm Game Room

### **RUMMIKUB**

Rummikub is a tile-based game for two to 4 players, combining elements of the card game rummy and mahjong. Come see how fun it is to play this game with others at our 50+ Center.

Thursdays 1:30 pm Game Room

### **VOLLEYBALL**

Join others who enjoy playing recreational drop-in volleyball at our 50+ Center. This fun group of members meet twice a week and have a great time! It's a great way to stay active, fit and socialize with others who share the same love and interest in volleyball. This is a drop-in program so feel free to drop-in when your schedule allows. Please click on flyer.

Tuesdays 12:00-2:00 pm North Side Gym 50+ Center

Fridays 9:30am-11:30am North Side Gym 50+ Center

### **Wii BOWLING**

Join this fun group each week as they play virtual bowling using the Wii gaming system. This is a great activity which keeps you moving while socializing with others. If you are new and have never played, that is okay! The group will coach new players on how to play.

Tuesdays/Thursdays 11:00 am- 12:00 pm Room 113 (this is room 111 & 112 combined)

## **Social Opportunities**

### **AFTERNOON MOVIE**

There is no afternoon movie scheduled for August.

### **COOKIES, COLORING, & CONVERSATION**

Join us at the 50+ Center on the first Friday of each month for cookies, coloring and conversation! We'll provide the cookies, coffee and coloring pages. You provide the conversation and let's have an hour of fun! If attending this drop-in program, feel free to come beforehand for our Brown Bag Lunch (provide your own lunch) and then stay afterwards for Mexican Train at 1:30 pm.

Friday, August 2

12:30-1:30pm Room 112

Members- Free Non-Members- \$5

### **CULVER'S BI-MONTHLY BIRTHDAY CELEBRATION**

Join others at Culver's in Hoffman Estates to celebrate March/April birthdays. All we ask you to do is purchase a lunch off their menu and in turn, you'll receive a free cup of custard or if you celebrate a birthday during the months we celebrate, you'll be entitled to a free banana split.

Friday, August 23

11:30 am

**Culver's in Hoffman Estates**

### **LUNCH BUNCH SOCIAL GROUP**

This fun group meets the second Friday of the month, at local (Hoffman Estates and Schaumburg) restaurants. On these days, our 50+ Brown Bag Lunch will not take place at the center. We encourage everyone, to join this fun group! For more information on this program, please contact Deb at 847-885-7500 x 626 or at [ddobbertien@heparks.org](mailto:ddobbertien@heparks.org). If you plan on attending in August, **please RSVP by 8/6.**

### **Southern Café**

Southern Café is known for their great southern cooking, especially biscuits and gravy. They're famous for a dish called "The Nasty Biscuit."

Friday, August 9 11:30 am

511 N. Roselle Road Roselle, IL

### **S.O.S (SENIORS OUT SOCIALIZING) GROUP**

Seniors Out Socializing was formed as an evening, social dinner group. The group meets the fourth Tuesday of each month, and visits a different local restaurant, each time. You provide your own transportation. On occasion, SOS attends plays or other types of entertainment. Ideas of restaurants or activities, are always welcome. Please RSVP to Deb Dobbertien at [ddobbertien@heparks.org](mailto:ddobbertien@heparks.org) or by calling 269-845-7280. **RSVP required, to assure seating.**

### **S.O.S. Dinner- Chandlers**

Come join the fun and help us kick off Member Appreciation Week at Chandlers. For \$10.49, you'll enjoy their Sunday special which includes: Broasted chicken, garlic mashed potatoes and gravy, soup or salad, coleslaw, corn on the cob, rolls and butter. **To guarantee seating, please RSVP no later than Thursday, August 22<sup>nd</sup>** to either Mindi Schwartz at [mischwartz@heparks.org](mailto:mischwartz@heparks.org) or 847-285-5526 or Deb Dobbertien at [ddobbertien@heparks.org](mailto:ddobbertien@heparks.org) or at 269-845-7280.

### **Dinner Social**

Tuesday, August 25 4:00 pm

**Chandlers**

401 N. Roselle Rd Schaumburg, IL

**Grab N Go Bingo & Lunch**

Come join an afternoon of friends, fellowship and memories made while playing Bingo and having lunch. Please bring a wrapped white elephant gift from home as your admission in, which goes towards the Bingo prizes. Lunch and Bingo is sponsored by Lutheran Homes. Please RSVP to Mindi Schwartz at 847-285-5526 or [mischwartz@heparks.org](mailto:mischwartz@heparks.org) no later than 8/23/2019

50+ Center, Room 113

Friday, August 30 12:00-1:15pm FREE

**Friday Fun with Old Time Rock N Roll Music Entertainment**

Come join an afternoon of friends, fellowship and memories made while singer-songwriter-actor Rick Pickren sings Rock & Roll classics from the 50's. You're sure to have a great time! Entertainment sponsored by Lutheran Homes.

Friday, August 30 1:30-2:30pm FREE

50+ Center, Room 113

Please don't wait until the last minute to register or sign up for a class, trip, or program. Our trips fill up quickly but also we can decide as early as a month out if registration is sufficient to hold a class, trip or program.



*Thank you to Deerfield's Bakery for their daily donation of bakery goods!*

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